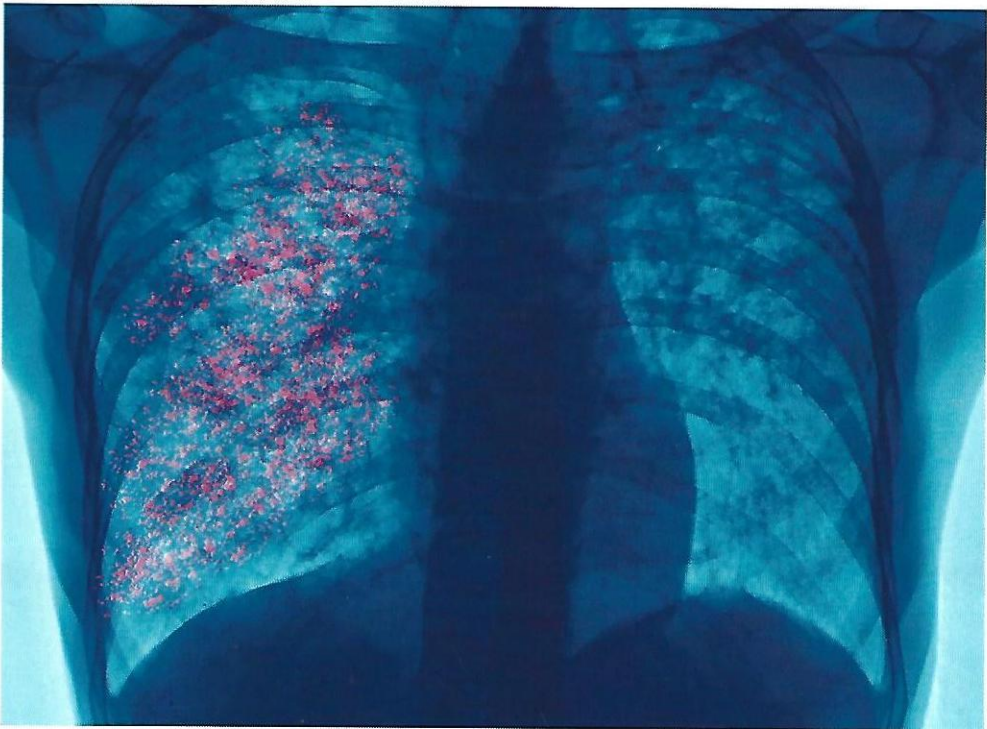




The Tuberculosis
Association of India

Update on
MDR
Tuberculosis



Editors
VK Arora
Kamal Chopra

Foreword
Vishwa Mohan Katoch



JAYPEE

Update on MDR Tuberculosis

This comprehensive compilation provides updated information on drug-resistant tuberculosis (DR-TB), covering all essential aspects of the disease. The book encompasses general information, diagnostics, therapeutics, and preventive guidelines approved by the National TB Programme. It sheds light on the growing burden of DR-TB, its spread, and the latest diagnostic tools and medications available. Notably, it includes a unique discussion on preventive aspects and TB preventive treatment. The chapters on associated diseases and conditions offer valuable insights into unique clinical manifestations and treatment precautions necessary when managing comorbidities. This resource will serve as an excellent update for resident doctors, faculty members, and private practitioners seeking to enhance their knowledge on DR-TB. Moreover, this handbook will prove invaluable for busy private practitioners and faculty members from departments beyond chest and TB, providing concise information.

Salient Features

- It is edited by editors having a vast experience in managing drug-resistant tuberculosis and academics as authors and reviewers for national and international peer-reviewed journals.
- It is a multi-author book, authored by renowned specialists working in the field of drug-resistant tuberculosis diagnostics and management.
- It includes chapters by faculty involved in teaching of specialists and superspecialists in the field of tuberculosis and respiratory diseases.
- The chapters have been made interesting by including flowcharts, diagrams, and tables.
- All chapters contain latest references about the topics covered.

VK Arora is a trailblazer in India's fight against tuberculosis (TB), revolutionizing treatment and control through his pioneering work. As a renowned pulmonologist, he played a crucial role in establishing the DOTS strategy in India and introducing the DOTS Plus strategy for multidrug-resistant (MDR) TB. His achievements are impressive, with notable contributions as a WHO member, helping prepare Standard TB Guidelines in India and securing Green Light Committee Clearance for MDR TB in National Institute of Tuberculosis and Respiratory Diseases (NITRD). Dr Arora's editorial contributions are equally remarkable. As Emeritus Editor, he published many special issues on various aspects of MDR TB. He has authored numerous books and research papers, including 251 papers in indexed journals, both national and international. His work has been recognized with various awards and honors, including the Lifetime Achievement Award from the Tuberculosis Association of India. Currently, Dr Arora serves as Chairman of TB Association of India and President of the South-East Asian Region of Union. He is also the executive editor of the Indian Journal of Tuberculosis and has held key positions, including Additional Director General of Health Services and Vice Chancellor of Santosh University, NCR Delhi. With his extensive experience and contributions, Dr Arora is a leading expert in TB control and research, both nationally and internationally.



Kamal Chopra is presently consultant in New Delhi Tuberculosis (NDTB) Centre and TB Association of India. He is working in the field of respiratory medicine and tuberculosis for the last 37 years. He has been trained in TB control and elimination by WHO (diploma course conducted in Japan). He has been Director of NDTB Centre for 14 years. He has around 200 publications in peer-reviewed international and national journals. His name is among 2% scientists in the world in the list released by Stanford University and Elsevier. Currently, he is academic editor of PLoS One and Associate Executive Editor of Indian Journal of Tuberculosis. He has received many awards and orations. Dr Chopra is Chairman of Ethical Committee of two national reputed institutions: Rajan Babu Institute of Pulmonary Medicine and Tuberculosis (RBIPMT) and National Institute of Tuberculosis and Respiratory Diseases (NITRD), New Delhi. He has been part of national committees for formulation of guidelines under National TB Programme. He is a trainer at national and state levels for medical and paramedical staff. His achievements are impressive in preparation of National Strategy Plan for TB Control in India, Guidelines for STDC, Standards of TB Care India, and blueprint for upgradation of NDTB Centre. During his tenure, NDTB Centre has been recognized as the best STDC in India, both in infrastructure and in activities.



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