# Workshop-3: SLEEP STUDY (POLYSOMNOGRAPHY)

**VENUE:** Hall No. 612, 6th floor, Kalam Center, KGMU

**Moderator:** Dr. Raja Dhar  
Consultant Respiratory Physician  
Fortis Hospital  
Kolkata, West Bengal

<table>
<thead>
<tr>
<th>Sr No</th>
<th>Topic</th>
<th>Time</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Sleep physiology &amp; Circadian sleep regulation for clinicians</td>
<td>10:00 - 10:20 am (15 min+ 5 min discussion)</td>
<td>Dr. Narsingh Verma</td>
</tr>
<tr>
<td>2</td>
<td>OSA: size of the problem and unmet needs</td>
<td>10:20 - 10:35 am (10 min+ 5 min discussion)</td>
<td>Dr. Shivani Swami</td>
</tr>
<tr>
<td>3</td>
<td>Clinical assessment of OSA</td>
<td>10:35 - 11:00 am (20 min+ 5 min discussion)</td>
<td>Dr. B.P. Singh</td>
</tr>
<tr>
<td>4</td>
<td>Polysomnography: measurement techniques</td>
<td>11:00 – 11:30 am (25 min+ 5 min discussion)</td>
<td>Dr. Raja Dhar</td>
</tr>
</tbody>
</table>

**TEA BREAK**  
11:30-11:45 am (15 min)

<table>
<thead>
<tr>
<th>Sr No</th>
<th>Topic</th>
<th>Time</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>To treat or not to treat? Non-sleepy patient with OSA</td>
<td>11:45-12:05 pm (15 min+ 5 min discussion)</td>
<td>Dr. Zia Hasim</td>
</tr>
<tr>
<td>6</td>
<td>Co-morbidities of OSA</td>
<td>12:05 – 12:25 pm (15 min+ 5 min discussion)</td>
<td>Dr. J.K. Saini</td>
</tr>
<tr>
<td>7</td>
<td>Central Sleep apnoea: A Clinical approach</td>
<td>12:25 -12:40 pm (10 min+ 5 min discussion)</td>
<td>Dr. Raja Dhar</td>
</tr>
<tr>
<td>8</td>
<td>UIARS: What it entails for the Sleep Specialist</td>
<td>12:40 – 01:00 pm (15 min+ 5 min discussion)</td>
<td>Dr. Nishant Chauhan</td>
</tr>
</tbody>
</table>

**LUNCH**  
01:00-02:00 PM (1 hour)
## WORKSHOP - 1: Tuberculosis

**VENUE:** Hall No. 411, 4th floor, Kalam Center, KGMC

**Moderator:** Dr. Rajendra Prasad  
Prof & Head, Dept of Pulmonary Medicine  
Era’s Medical College Lucknow  
Vice Chairman, National Task Force(RNTCP)

<table>
<thead>
<tr>
<th>Registration</th>
<th>Time</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>S N</td>
<td>Topic</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Introduction by moderator</td>
<td>10:00 - 10:10 am (10 min)</td>
</tr>
<tr>
<td>2</td>
<td>Burden of TB in India and RNTCP Overview</td>
<td>10:10 - 10:30 am (15 min+5min discussion)</td>
</tr>
<tr>
<td>3</td>
<td>Diagnosis Of TB</td>
<td>10:30 - 10:50 am (15 min+5min discussion)</td>
</tr>
<tr>
<td>4</td>
<td>Newer test for diagnosis of TB and Drug Resistance</td>
<td>10:50 - 11:10 am (15 min+5min discussion)</td>
</tr>
<tr>
<td>5</td>
<td>Diagnostic algorithm for Pediatric Tuberculosis-An Update</td>
<td>11:10 - 11:30 am (15 min+5min discussion)</td>
</tr>
</tbody>
</table>

**Discussion – 10 minutes (11:30–11:40 am)**

**TEA BREAK:** 11:40-12:00 noon (20 min)

<table>
<thead>
<tr>
<th>S N</th>
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</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Standard of TB care in India</td>
<td>12:00-12:20 noon (15 min+5min discussion)</td>
<td>Prof. Rohit Sarin</td>
</tr>
<tr>
<td>7</td>
<td>Evidence based treatment of drug resistant TB</td>
<td>12:20-12:40 pm (15 min+5min discussion)</td>
<td>Dr. Rajendra Prasad</td>
</tr>
<tr>
<td>8</td>
<td>Newer drugs in treatment of Tuberculosis</td>
<td>12:40-1:00 pm (15 min+5min discussion)</td>
<td>Dr. Sarabjeet Chaddha</td>
</tr>
</tbody>
</table>

**Discussion – 10 minutes (1:00–1:10 pm)**

**LUNCH BREAK:** 1:10–2:00 pm (50 minutes)

<table>
<thead>
<tr>
<th>S N</th>
<th>Topic</th>
<th>Time</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>9</td>
<td>HIV-TB</td>
<td>2:00–2:20 pm (15 min+5min discussion)</td>
<td>Dr. D. Himanshu</td>
</tr>
</tbody>
</table>
NATCON-2015
70th National Conference of Tuberculosis & Chest Diseases
19th-21st Feb 2016
Organized by
Department of Respiratory Medicine, K.G. Medical University UP, Lucknow and U.P. Tuberculosis Association
under the aegis of Tuberculosis Association of India

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Dr. Ajay Kumar Verma

Editor & Scientific Secretary
Dr. Anand Srivastava

TUBERCULOSIS WORKSHOP

MODERATOR:
Dr. Rajendra Prasad, Prof.& Head, Pulmonary Medicine, Era's Medical College, Lucknow

CO-MODERATOR:
1. Prof. D. Behera, Prof & Head Dept. of Pulmonary Medicine, PGIMSR, Chandigarh, Chairman NTF (RNTCP)
2. Dr. Sarabjeet Chaddha, The Union, IUTALD
3. Prof. V.K. Arora, Vice-Chancellor, Santosh Medical University, Ghaziabad
4. Dr. Rohit Sarin, Director, NITRD, New Delhi
5. Dr. Sudhir Chaudhari, Vice-Chairman, UP-STF, Prof. TB & Chest, Mahamaya Medical College, Ambedkar Nagar
6. Dr. Amita Jain, Prof. Department of Microbiology, KGMU, Chairperson Operational Research Committee, RNTCP, UP

FACULTY MEMBER:
1. Dr. Alok Renjan, State Tuberculosis Officer, UP
2. Dr. S.K. Singh, Associate Professor, Dept. of Community Medicine, KGMU, Lucknow
3. Dr. Lokendra Kumar, Prof., NITRD New Delhi
4. Prof. R. K. Dixit, Professor, Department of Pharmacology, KGMU, Lucknow
5. Dr. Santosh Kumar, Assistant Professor, Dept. of TB & Chest SN Medical College, Agra
6. Dr. D. Himanshu, Dept. of Medicine, KGMU, Lucknow
7. Dr. K.N. Patni, Honorary, JP TB Association, Lucknow
8. Dr. Sushil Chaturvedi, District Tuberculosis Officer, Lucknow
9. Dr. Darshan Kumar Bajaj, Assistant Professor, KGMU, Lucknow
10. Dr. Saraswati Gupta, Department of Pediatrics, KGMU, Lucknow

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2. Dr. Jyoti
3. Dr. Manoj
4. Pooja

Secretariat
Dr. Surya Kant
Organizing Secretary, Natcon-2015
Prof. & Head, Department of Respiratory Medicine, King George's Medical University, Lucknow 226003
Tel: 0522-2205167 Fax: 0522-2205167; E-Mail: respiration@kgmu.org; Website: www.natcon-2015.kgmu.com
### Moderator for workshop: Dr. Rajendra Prasad

<table>
<thead>
<tr>
<th>Session</th>
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<th>Time</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>10</td>
<td>Update on Extra-pulmonary TB</td>
<td>2:20 – 2:40 pm</td>
<td>Prof. V.K. Arora</td>
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<td></td>
<td>(15 min + 5 min discussion)</td>
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<tr>
<td>11</td>
<td>Update on Chemoprophylaxis</td>
<td>2:50 – 3:10 pm</td>
<td>Dr. Lokendra Kumar</td>
</tr>
<tr>
<td></td>
<td>(15 min + 5 min discussion)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Update on TB vaccine</td>
<td>3:10 – 3:30 pm</td>
<td>Prof. R.K. Dixit</td>
</tr>
<tr>
<td></td>
<td>(15 min + 5 min discussion)</td>
<td></td>
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</tr>
</tbody>
</table>

### Discussion
- 10 mins (2:40 - 2:50 pm)
- 10 mins (3:30 - 3:40 pm)

### Hands-on: Tuberculosis
1. Registration in DOTS
2. Notification (Practical aspect)
3. Display of Weight Band Boxes and Extension Pouches
4. Display of various cards and documents

Time: 3:40 - 5:00 pm (1 hr 20 min)
**WORKSHOP - 2: Non Invasive Ventilation**

**VENUE: Hall No. 607, 6th floor, Kalam Center, KGMU**

Moderator: Dr. Anant Mohan  
Addl. Prof., Dept. of Pulmonary Medicine, AIIMS New Delhi

<table>
<thead>
<tr>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>Introduction and Overview of NIV</td>
<td>10 am – 10.30 am (25min+5min discussion)</td>
<td>Dr. Anant Mohan</td>
</tr>
<tr>
<td>Machines, modes and Interfaces</td>
<td>10.30 am – 11.00 am (25min+5min discussion)</td>
<td>Dr. Anand Kumar</td>
</tr>
<tr>
<td>Setting up an NIV and troubleshooting</td>
<td>11.00 am – 11.30 am (25min+5min discussion)</td>
<td>Dr. Mukesh Agarwal</td>
</tr>
<tr>
<td>Tea Break</td>
<td>11.30 am – 11.45 am</td>
<td></td>
</tr>
<tr>
<td>NIV in Acute respiratory failure of varying etiology</td>
<td>11.45 am – 12.15 pm (25min+5min discussion)</td>
<td>Dr. Ashok K. Singh</td>
</tr>
<tr>
<td>Weaning of NIV</td>
<td>12.15 pm – 12.30 pm (10min+5min discussion)</td>
<td>Dr. S.N. Gupta</td>
</tr>
<tr>
<td>Management of NIV failure</td>
<td>12.30 pm – 12.45 pm (10min+5min discussion)</td>
<td>Dr. Anil K. Singh</td>
</tr>
<tr>
<td>Open House Discussion</td>
<td>12.45 pm – 1.00 pm (10min+5min discussion)</td>
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</tbody>
</table>

Lunch Break  
1.00 pm – 2.00 pm
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Dr. Anand Srivastava

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<tbody>
<tr>
<td>1.</td>
<td>Dr. R.P. Rai</td>
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<tr>
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</tr>
<tr>
<td>5.</td>
<td>Dr. Ashwani Mishra</td>
<td>Lecturer, BRD Medical College, Gorakhpur</td>
<td>9368034090</td>
<td><a href="mailto:ashwani448@gmail.com">ashwani448@gmail.com</a></td>
</tr>
<tr>
<td>6.</td>
<td>Dr. Sushant Khurana</td>
<td>Consultant Resmed</td>
<td>9871013103</td>
<td><a href="mailto:sushant.khurana@resmed.co.in">sushant.khurana@resmed.co.in</a></td>
</tr>
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</table>

**MEMBER ORGANIZING COMMITTEE**
1. Dr. Shivraj – junior resident III: 7704085953
2. Dr. Rahul – junior resident III: 7704082636
3. Dr. Ankit – junior resident III: 9350515816
4. Dr. Armitsh – junior resident: 9026789219

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Tel: 0522-2255167 Fax: 0522-2255167; E Mail: respiratorymedicine@kgmu.com; Website: www.natcon2019kgmu.com
### Rotating Workstations (30 mins each) (2pm – 5pm)

**Moderator for Workstations: Dr. Anant Mohan**

<table>
<thead>
<tr>
<th>Station</th>
<th>Learning Objectives</th>
<th>Inclusions</th>
<th>Faculty</th>
</tr>
</thead>
</table>
| Workstation 1 | Various models of NIV  
Different modes on NIV | Basic NIV  
Various Devices available  
Setting up of different modes on the device | Dr. Anand Kumar  
Dr. A.D. Shukla  
Dr. Subodh Pandey |
| Workstation 2 | Learning basic settings of NIV  
Answers to common problems faced during usage of NIV | Advanced settings on NIV device  
ResMed's STi Control technology and its application  
Trouble shooting guide to NIV | Dr. Mukesh Agarwal  
Dr. G.P. Rai |
| Workstation 3 | Application based on clinical scenarios  
Monitoring of the patients on NIV | Application on the basis of clinical case scenarios (COPD, Restrictive Lung, OHS)  
Monitoring of your patients using the Rescan software | Dr. S.N. Gupta  
Dr. Ashok K Singh  
Dr. Ashwini Mishra |
| Workstation 4 | Various NIV interfaces  
Mask fitting exercises | Different type of NIV interfaces  
Choosing the right mask, size  
Hands on application of different masks | Dr. Anil K Singh  
Dr. Sushant Khurana  
Dr. Mayank Mishra |

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Dr. Sunya Kant  
Organizing Secretary, Natcon-2015

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Tel: 0522-2255167 Fax: 0522-2255167 Email: respiratmedkgmu@gmail.com  
Website: www.natcon2015igu.com
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<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Understanding basic lung physiology</td>
<td>10:00 - 10:20 am (15min+5min discussion)</td>
<td>Dr Sandeep Bhattacharya, Professor, Dept of Physiology, KGMU</td>
</tr>
<tr>
<td>2</td>
<td>Spirometry: Understanding Basics and how to perform</td>
<td>10:20 - 10:40 am (15min+5min discussion)</td>
<td>Dr Rahul Kogule, Head, Academic Research and Director, Advanced Pulmonary Function Testing Program, Chest Research Foundation(CRF), Pune</td>
</tr>
<tr>
<td>3</td>
<td>Spirometry: Quality assurance</td>
<td>10:40 - 11:00 am (15min+5min discussion)</td>
<td>Dr Nitin Vanjare, Head, Pulmonary Function Testing, Chest Research Foundation(CRF), Pune</td>
</tr>
<tr>
<td>4</td>
<td>Spirometry: Secrets of interpreting spirometry</td>
<td>11:00 - 11:15 am (10min+5min discussion)</td>
<td>Dr Sundeep Salvi, Director &amp; Consultant, Chest Research Foundation(CRF), Pune</td>
</tr>
<tr>
<td>5</td>
<td>Spirometry: Case studies</td>
<td>11:15 - 11:35 am (15min+5min discussion)</td>
<td>Dr Surya Kant, Professor &amp; Head, Dept of Respiratory Medicine, KGMU</td>
</tr>
</tbody>
</table>

**TEA BREAK**
11:35-11:50 am (15 min)
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Dr. Darshan Kumar Bajaj

**Treasurer**
Dr. Ajay Kumar Verma

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Dr. Anand Srivastava

---

**PFT WORKSHOP**

**MODERATOR:**
Dr. Sandeep Salvi, Director Chest Research Foundation, Pune

**CO-MODERATOR:**
1. Dr. Surya Kant, Professor & Head, Respiratory Medicine, KG MU, Lucknow
2. Dr. Rupak Singla, Head, TB & Respiratory Diseases, National Institute of TB & Respiratory Diseases, New Delhi

**FACULTY MEMBERS:**
1. Dr. Rahul Kodgale, Chest Research Foundation, Pune
2. Prof. Sandeep Bhattacharya, Professor, KG MU, Lucknow
3. Dr. Shiv Sagar Gupta, Era's Medical College, Lucknow
4. Dr. Nitin Vanjare, Chest Research Foundation, Pune
5. Dr. Gajendra Vikram Singh, Assistant Professor, Dept. of TB & Chest, SN Medical College, Agra
6. Dr. Shyam Chandan Chaudhary, Professor Department of Medicine, KG MU, Lucknow
7. Dr. Ajay Kumar Verma, Assistant Professor, Respiratory Medicine, KG MU, Lucknow

**MEMBER ORGANIZING COMMITTEE:**
1. Dr. Ashish Nayak
2. Dr. Anand Patel
3. Dr. Rohit

---

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Tel. 0522-2255167; Fax: 0522-2255167; E-Mail: respiratorymedkgmu@gmail.com; Website: www.natcon2015kgmu.com
### Moderator for workshop: Dr. Sandeep Salvi

<table>
<thead>
<tr>
<th>No.</th>
<th>Activity Description</th>
<th>Time</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Peak Expiratory Flow Rate (PEFR)</td>
<td>11:50-12:00 noon (8min+5min discussion)</td>
<td>Dr. Rupak Singla, Professor &amp; Head, Dept of TB &amp; Respiratory Diseases, NITRD, New Delhi</td>
</tr>
<tr>
<td>7</td>
<td>Impulse Oscillometry (IOS): Understanding Basics, How to perform, Interpretation</td>
<td>12:00-12:30 pm (25min+5min discussion)</td>
<td>Dr. Sundeep Salvi, Director &amp; Consultant, Chest Research Foundation (CRF), Pune</td>
</tr>
<tr>
<td>8</td>
<td>DLCO: Basics, how to perform</td>
<td>12:30-12:55 pm (20min+5min discussion)</td>
<td>Dr. Nitin Vanjare, Head, Pulmonary Function Testing, Chest Research Foundation (CRF), Pune</td>
</tr>
<tr>
<td>9</td>
<td>Lung Function and Surgery</td>
<td>12:55-1:15 pm (15min+5min discussion)</td>
<td>Dr. Surya Kant, Professor &amp; Head, Dept of Respiratory, Medicine, KGMU</td>
</tr>
<tr>
<td>10</td>
<td>6 Minute Walk Test</td>
<td>1:15-1:30 pm (10min+5min discussion)</td>
<td>Dr. Rupak Singla, Professor &amp; Head, Dept of TB &amp; Respiratory Diseases, NITRD, New Delhi</td>
</tr>
</tbody>
</table>

**LUNCH BREAK**
1:30-2:30 pm (1 hr)

Hands-on: Spirometry       2:30-5:00 pm (2.5hrs)  Nitin Vanjare, Dr Rahul Kodgule
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Dr. Ved Prakash
Dr. Darshan Kumar Bajaj

Treasurer
Dr. Ajay Kumar Verma

Editor & Scientific Secretary
Dr. Anand Srivastava

SLEEP WORKSHOP

MODERATOR:
Dr. Raja Dhar, Consultant Respiratory Physician, Fortis Hospital, Kolkata, West Bengal

<table>
<thead>
<tr>
<th>S.No</th>
<th>Name</th>
<th>Designation</th>
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</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Dr. B.P. Singh</td>
<td>Senior Consultant Chest Physician, Lucknow, UP</td>
<td>9415011669</td>
<td><a href="mailto:bps2159@yahoo.com">bps2159@yahoo.com</a></td>
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<tr>
<td>2.</td>
<td>Dr. J.K. Salvi</td>
<td>Assistant Professor NITRD, New Delhi</td>
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FACULTY MEMBERS

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<tbody>
<tr>
<td>1.</td>
<td>Dr. Narsingh Verma</td>
<td>Professor, Dept. of Physiology, KGMU, Lucknow</td>
<td>9415448013</td>
<td><a href="mailto:narsinghverma@gmail.com">narsinghverma@gmail.com</a></td>
</tr>
<tr>
<td>2.</td>
<td>Dr. Zia Hasim</td>
<td>Assistant Professor Dept. of Respiratory Medicine, SGPGI, Lucknow, UP</td>
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<td><a href="mailto:ziaag@gmail.com">ziaag@gmail.com</a></td>
</tr>
<tr>
<td>3.</td>
<td>Dr. Ved Prakash</td>
<td>Associate Professor, KGMU, Lucknow</td>
<td>09415091497</td>
<td><a href="mailto:drvedprakash07@gmail.com">drvedprakash07@gmail.com</a></td>
</tr>
<tr>
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MEMBER ORGANIZING COMMITTEE
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2. Dr. Abhishek Dubey
3. Dr. Arvind Gangadar
4. Apoorva

Secretariat
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Tel: 0522-2255167 Fax: 0522-2255167; E-Mail: respiratorymedicinekgmu@gmail.com Website: www.natcon2015kgmu.com
Rotating Workstations (75 mins each) (2pm – 04:30 pm)
Moderator for workstations: Dr. RajaDhar

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<tr>
<th>WORKSTATION</th>
<th>2:00 – 4:30 pm (2.5HOURS)</th>
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<tr>
<td>1. Case studies (OSA and non OSA)</td>
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<tr>
<td>Dr. RajaDhar, Dr. Ashish Tandon, Dr. VedPrakash, Dr. Shivani Swami, Dr. Nishant Chauban</td>
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| 2. CPAP treatment and common problem                     | 75 min                     |
| Dr. B.P. Singh, Dr. J.K. Saini, Dr. Ziia Hasim, Dr. Alok Srivastava, Dr. Anand Srivastava, Dr. Awadesh Kumar |

Panel Discussion
4:30 – 5:00 pm (30 min)